



Physical Development Position Statement September 2022

The PE curriculum intent is for children to lead an active and healthy lifestyle which, instils a love of being active, participating in sports and competition.

For all pupils to engage with physical activities for at least 15 minutes per day that raises the heartbeat, (outside of PE & Dance lessons) both within and outside of school. For all pupils to access bespoke PE lessons that meet the needs of the child and allow for progression within school for a minimum of 2 hours per week. We aspire to provide fun and challenging activities to support and promote the development of their physical abilities and to encourage independence. An external coach works alongside classroom teachers to inspire the children to participate in PE lessons.



Attainment

Pupils are assessed on a bespoke assessment tool that encompasses gross motor skills, progression of skills and the ability to acquire, develop and transfer knowledge across PE areas. Children working on the pre formal curriculum are assessed on branches.

Liaison between Occupational Therapists, Physios and class teachers take place to develop specific physical development programmes to meet and challenge the pupil's individual needs.

Curriculum

We aim to promote engagement and enjoyment of physical movement and PE through a variety of types and intensities of activities. All pupils have access to physical education (PE lessons) every week. Pupils access dance, gym, games, swimming, OAA & athletics to develop and embed movement skills (running, jumping, throwing & catching), balance, agility & co-ordination and build their confidence and competency, throughout the year. In addition, the variety of types and intensities of physical activities delivered also aim to develop muscular fitness, bone strength and build stamina.

All pupils access additional physical opportunities (outside of PE lessons) throughout the week to promote their physical development, health & wellbeing and to alleviate the amount of time they are sedentary. Examples of these activities are:

Mile A Day, SALT/OT Movement break activities, Shirley Clarke programme, Swimming, Wheelers, Forest School, cross curricular activities and outdoor learning activities.

A wellbeing week is held during the summer term to provide pupils with opportunities to participate in activities to promote their wellbeing and access learning that will 'plant the seed' for the importance of being physically active throughout our lives. During this week, parents and carers are invited in to school to take part in physical activities with their children, to encourage collaborative approach to being active. A sports day is also held to enable pupils to experience partaking in competition with their peers and family members.

A termly homework task has been implemented to further promote family members to be active with their children in the home environment.

Alongside swimming lessons for KS2 pupils, some pupils from throughout the school attend swimming on a 1:1 basis to become familiar with a swimming pool environment and experience water play. Other pupils attend hydro therapy which is a therapeutic whole body treatment that involves moving and exercising in water.

Our KS2 pupils attend swimming lessons at Hazel Grove swimming baths, with a good percentage of our pupils being able to swim 25 m at the end of year 6.

Planning

Teachers planning incorporates opportunities to promote and encourage physical development at the level of the need for each individual pupil. Evidence of personalised needs is evident on the planning. Planning is also tailored to ensure all activities are inclusive for all pupils. Programmes from eg OT and Physio are also linked to the planning.

Subject Knowledge

An audit carried out in the Autumn term to ascertain teachers knowledge and confidence in delivering PE. Analysis of which will provide an overview of areas of staff strength and areas for development for future training that will be beneficial.

Assessment and Target Setting

The new assessment tool on Classroom Monitor is now in place and data has been inputted for the last academic year. Pupils on the pre formal curriculum are assessed using the Branches assessment tool and EYFS children base lined on the Birth to 5 assessment tool.

The PE tracking tool and Tapestry will be used to track 2 children per class against objectives set for each area of PE - gym, games, athletics etc. One child will be pupil premium and the other child will be female.

Monitoring

The PE HUB group will carry out learning walks across the whole school. Planning will be scrutinised by the PE HUB group to ensure breadth & all areas of PE are covered.

Resources

There were a wide range of resources available for the whole school to access, that is kept in a central location. Classes also have equipment that is specific to pupils within their class. OT offer advice on specialist resources to promote the pupil's gross motor skills development.

Key issues for improvement

1. To engage all pupils in regular physical activity which raises heart rate for a minimum of 15 minutes a day.
2. To increase staffs' confidence in the delivery and knowledge for teaching a range of PE skills.
3. To ensure 80% of children make 0.6 or more increase (Classroom Monitor) or I level or more increase (Branches) in Physical Education/Development attainment.

Janet Berry & Richard Crompton - PE Leads
September 2022