Lisburne's Enrichment Booklet

- Take this booklet out on visits and life skills
- This will support Lisburne's enrichment programme developing our children's extra curricular activities.
- Lisburne children are encouraged to explore a wide range of experiences and activities — these enrichment opportunities form the central core of our curriculum.

Contact us:

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My own special moments





"Through exploration we learn and grow"



My "Stepping Out" Book

The idea is for all our children to try as many new and different experiences in order to enrich and extend their learning opportunities.

Our aim is for all children at Lisburne to complete the booklet by the time they move on to secondary school.

We want each child to explore their world so that their learning flows through our parallel curriculum and ensures they become aware that their education has no boundaries.

Stepping Out

How many enrichment opportunities and activities have you completed?

Contents

- . Outdoors
- Keeping Active
- . Adventure
- . Community
- Sensory
- Sleepover















Outdoors



- Go wild in a field
- Toast food on a camp fire
- Explore a tree
- Splash in puddles
- Make some "wild art"
- Get all muddy
- Lie back and cloud watch
- Build a bug hotel



Sleepover



- Sleep somewhere different
- Pack my own bag
- Get myself ready for bed
- Read a "great book" in bed
- Make my own bed
- Watch the sunset/ sunrise
- Have a picnic
- Help prepare a shared meal
- . Set the table for a meal



Sensory



- Explore a dark space
- Discover different textures
- Enjoy fun with foam
- Have a water fight
- Burst a bubble
- Travel through your senses
- . Taste new foods/ drinks
- Discover different objects



Keeping Active

- Take part in a race
- Learn yoga
- Compete as a team
- Explore on wheels
- Learn a new sport
- Reach new heights
- Fly a kite
- Put your nose underwater
- Create a "big splash"
- Dance like no-ones





watch-

Adventure



- Explore the woods
- What's in the water?
- Go on a scavenger hunt
- Play "Pooh-sticks"
- Build a den
- Roll down a hill
- Follow an adventure trail
- Explore somewhere new
- Wiggle your toes in sand



Community



- Feed a different animal
- Party in a café
- Share a book with a friend
- Go dizzy on a roundabout
- Meet people who help us
- Visit an elderly friend
- Experience a live show
- Be creative at a gallery

