

Wellbeing Policy

Our Aims:

● + Happy and nurturing environment.

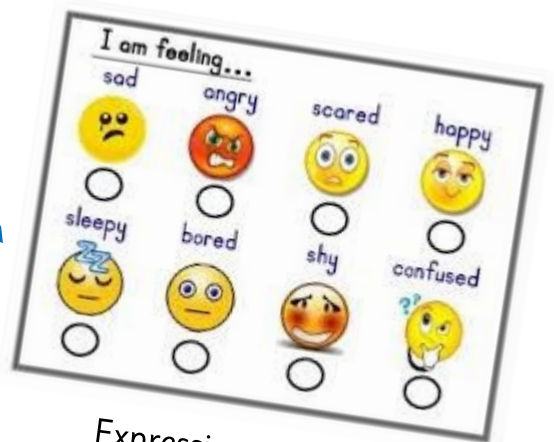
● Positive communication system.

● + = Awareness of children and parents well-being needs.

● + Clear support links to help all parents and carers.



Being confident



Expressing emotions



Having positive relationships

What is wellbeing?



Dealing with change



Coping with anxiety and stress

Wellbeing support for you and your child:

With any concerns about your child's well-being, please speak to your

class teacher who will provide relevant support links.

You can also speak to the below...



Headteacher

Samantha Benson



Wellbeing Lead

Gillian Levis



FLC's

Karen, Fiona, Linzi

Supporting children's wellbeing:

Class rewards



Circle times



Wellbeing week



Restorative approaches



Transition programs

Pupil voice

Positive communication



Supporting parents/ carers wellbeing:

Awareness days



Open door policy



Parents evening

Parent befrienders



Regular communication



Signposting to other agencies

Siblings afterschool club

