

## Key Vocabulary

- Public/ Private
- Penis/ Vagina/ Breasts/ Testacies
- Stranger
- Happy/Sad/Worried/ Angry/Calm/Excited
- Arms/Legs/Hands/Feet/Back/ Tummy/Bones/Heart/Lungs/ Fingers/Toes/Face/Nose/Ears /Lips/Teeth/Eyes
- Boys/Girls
- Puberty
- Deodorant/ Sanitary towel/ Shaving foam
- Baby/Child/Teenager/Adult

## Social and interaction

- Recognises 'what makes a good friend?'
- Identifies family within their own family tree. Is able to explain how their family works.
- Recognises appropriate touch and greetings for friends, family and people within the wider community.
- Identifies appropriate strategies to support dealing with a conflict.
- Knows own strengths and goals they would like to work on.
- Recognise ways to be a good friend.
- Explores ways to self-regulate and uses strategies appropriately.
- Identifies positive and negative things about themselves and others.

## In the Community

- Can identify hazards in the classroom, kitchen and local environment.
- Can cross the road safely (Using appropriate crossings)
- Knows the difference between a safe stranger and stranger.
- Explains who can help them and links to their job role. E.g. fire man helps put out a fire.
- Knows what number to call when there is an emergency.
- Identifies money is how we pay for things.

## Self help

- Recognises healthy/unhealthy foods.
- Explains what you need to do to look after a baby.
- Names a variety of body parts, including private body parts.
- Recognises public and private places in their local environment.
- Recognises public and private activities e.g. going to the toilet, getting dressed, playing with toys.
- Recognises public and private body parts/ clothing e.g. knickers, underpants and vests are private.
- Matches the correct toiletry to the body part it is used on.
- Identifies the differences between boys and girls.
- ❖ Y4 + Identifies the effects/ risks of smoking.
- ❖ Y4 + Recognise both a male and female are needed to reproduce.
- ❖ Y4 + Recognises changes that may occur during puberty.



KS2

**Personal Care  
and Relationships  
Education  
(PCRE)**



## Forest School



Hazards in the local environment

Friendship challenges e.g. building something blindfolded.

Games to explore winning and losing.

## Therapy (SALT/OT)

Regulatory checklists

Appropriate touch circles/ symbol sorting

Toiletries (Sensory exploration)



## Websites or Apps

Action song/ PSHE songs

BBC Bitesize

Aki the Monkey

Traffic Safety



## Outcomes (from the DfE Computing Programme of Study)

*'In special schools and for some SEND pupils in mainstream schools there may be a need to tailor content and teaching to meet the specific needs of pupils at different developmental stages. As with all teaching for these subjects, schools should ensure that their teaching is sensitive, age-appropriate, and developmentally appropriate and delivered with reference to the law.'*

**Lisburne KS2 aims:** All children will leave Lisburne with a range of self-help strategies to equip them for adult life. Children will be able to access the community safely with support. Appropriate relationships will be fostered between themselves and their friends, family and local community. All children will have a bank of regulatory strategies to move forward with to their secondary provision.