Hello and welcome to the Autumn/Winter edition of Autism GM

Inside you will find updates about the NAS latest research around parents experiences of the new SEND system, and the second phase of our Too Much Information campaign that is focusing on employment.

We also have local updates about the work Transforming Care are involved in across Greater Manchester. Please get in touch if you would like to feed into this work.

Wishing all our readers an enjoyable festive season,

Debbie Waters
Editor

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AUTISMGM Newsletter is produced by
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The launch of an Autism Friendly Libraries film for library staff across England took place earlier this year. Following research showing that more than 9 in 10 people with autism would use their library more if some autism friendly adjustments were made, the Association of Senior Children’s and Education Librarians (ASCEL) is now able to offer training and support to all 3000 of the nation’s public libraries.

The research, conducted by social care organisation Dimensions, showed that whilst people with autism are already more likely than other people to use a library, a few changes could lead to 92% increasing their use of their local library.

The film commissioned by ASCEL and developed by Dimensions and accompanied by fact sheets, signage and social stories, has been made possible thanks to public funding by Arts Council England. It received its first screening at the Society of Chief Librarians annual seminar in Warwickshire.

The film features children, young people and their parents and families talking about the impact public libraries have on their lives and the adjustments and the understanding they need from staff to make the library experience a great one.

Lisa Hopkins, Managing Director of Dimensions, said, “Dimensions already works in partnership with the UK’s 4 major cinema chains to offer autism friendly cinema screenings every month and we are delighted to be able to extend our expertise to the libraries network through the partnership which has allowed us to create this film.”

Sarah Mears, Chair of ASCEL, said, “Libraries are at the heart of our communities and staff always want to give children and their families the best experience possible. I am excited about this initiative that will help to raise staff awareness of Autism-friendly approaches and give them support to make a few simple adjustments which will make a huge difference to children, young people and their families.”

Hopkins added, “The research told us clearly that the major barrier is awareness of autism, amongst library staff and library users alike. Respondents didn’t want much: a little kindness, to be not judged, and for a few simple adaptations to allow for sensory sensitivities. All parts of the community could learn something from that.”

There are a range of support documents to download:

- Autism Friendly Libraries Top Tips
- Autism Friendly Libraries Poster – Libraries can use this when all staff have watched the film and agreed what they are going to change as a result
- Autism Friendly Libraries Social Story example based on Chelmsford Library
- Autism Friendly Libraries Social Story Template – Libraries can adapt this so that it is relevant for their own libraries (or library) and put it on their websites or local sites
- Example Library Map – Dimensions say that having a map of the library that people can access also helps people with autism understand what to expect

The training materials are available to all


and follow the links.
The Government has confirmed that as from September 2018 every new teacher in England will have to learn about the needs of autistic children and young people as part of their teacher training.

Until now, there has been no requirement for new teachers to learn anything specific about special educational needs and disabilities (SEND). We have been campaigning for SEND – and autism in particular – to be included in the new Initial Teacher Training (ITT) framework. This framework was published on the 12th July 2016, and it states clearly that all trainee teachers should learn how to adapt their teaching strategies so that pupils with autism are fully included and helped to succeed.

Providers of teacher training courses (such as colleges) will have to have the new ITT framework in place by September 2018. Both they and the Government will need to make sure that this training gives new teachers the skills they need.

Mark Lever, Chief Executive of The National Autistic Society, said:

“The new framework will mean that, for the first time, every new teacher in England should have a basic understanding of autism and the different ways it can affect students. This is fantastic news for the autism community and will make a huge difference to the lives and prospects of generations of children on the autism spectrum.

“Children on the autism spectrum often share certain difficulties, such as struggling to understand unwritten social rules and managing change, but it affects each individual differently. Around 70% go to mainstream schools, so teachers are bound to work with autistic students at various points in their career. Yet, until now, there hasn’t been a requirement for new teachers to learn about autism”

The NAS and Ambitious About Autism will be working with the Department for Education and training course providers to make sure teachers get the skills they need.

“Every teacher deserves the right training, and every autistic child needs a teacher who understands them.”

The Royal College of GPs has published a new toolkit of resources for GPs and sent out packs to all surgeries in England. The aim of the packs is to support GPs to meet the needs of autistic patients, and to make more surgeries autism-friendly. Resources in the pack include a guide for patients on the autism spectrum to help them get the most out of their GP visit, a guide for GPs which gives advice about consultations and information about training.

Spread the word by making sure your GP has seen the full toolkit.

Below is an article by Helen Chow who runs a support group in the Chinese Health Information Centre. I have been involved with this group since it began and feel that they are reaching a group of people many organisations are unable to reach. If you a Chinese speaking family (Mandarin or Cantonese) or know of any families that are isolated by language barrier please do recommend that they get in touch with Helen. This is a fantastically supportive group.

The Carers of Autistic Children Group was established in September 2014 by the Chinese Health Information Centre in partnership with the National Autistic Society Greater Manchester Family Services Development Project.

The objective was to facilitate isolated Chinese families who have children with autism or ASD to develop into a vibrant, self-help community group. At present, there are 16 active members participating in a variety of activities. There is now a total of 21 members, including some parents/carers residing in Mainland China who have been keeping in contact through a social media group.

In the monthly parents/carers meetings, the participants are able to use their first language to communicate, share their experiences, access information about autism; seek professional advice and make enquiries. In workshops led by NAS Project Officer, Mari Saeki and Clinical Psychologist, Tina Tang, our members’ queries and worries about autism/ ASD have been addressed.

In the beginning of 2015, all the parents stated that they received little support from statutory agencies. However, fourteen months later, over 50% of them have been receiving support, including various services provided by their local authorities. It shows that through the Carers of Autistic Children Group the parents/carers are more aware of their rights and entitlement to statutory services.

As 60% of our members express their need for translation and interpretation it confirmsthe importance of using their first language to provide information and materials and signpost them to the appropriate services.

In addition to workshops, we have also organised family activities such as visits to Eureka! and other theme parks, as well as cooking sessions for parents/careers. All group members indicate that the Carers of Autistic Children Group has a positive impact on them personally in terms of awareness, practical and emotional support.

The Carers of Autistic Children Group has fulfilled its mission by providing expert advice, as well as a platform for mutual interaction and support, since it was established. Some of the problems encountered by families with autistic children have been resolved and their quality of life has subsequently improved.

Henceforward, the Carers of Autistic Children Group will continue to organize activities tailored to their needs, to help families in the same situation advocate for their utmost benefits and to reach them in their isolation, hopelessness and devastation through constant care and communication.

Helen Chow

The group meets once a month at 10am-12noon. For the dates please contact CHIC or call at CHIC to obtain the time table.

關愛自閉症孩子組
專幫助有自閉症孩子的照料者，小組提供有關照顧自閉症孩子各方面的資料包括專題講座並給予支援。同時也提供了一個符合文化的平台，照料者可用自己的語言彼此交流和互相鼓勵。這小組每月一次在早上10至12時正，日期不定，請致電0161 228 0138查詢或到中心索取一張時間表。

Chinese Health Information Centre
6-8 Houldsworth Street
Manchester
M1 1EJ
Tel: 0161-2280138
Email: autism.group@chinesehealthinfo.co.uk
A new report, Keeping in Touch with Home, reveals the significant barriers families can encounter in trying to keep in touch with children in residential placements.

The report is the first time guidance has been issued on how residential settings should ensure parents can keep in touch with the thousands of children and young people with a learning disability who often live hundreds of miles from home during their childhood and adolescence in specialist residential placements. These placements could include residential special schools or colleges, mental health assessment and treatment units, and children’s homes.

The report, produced by the Challenging Behaviour Foundation and Mencap is based on research with families whose children are in residential placements. Their children (some now young adults) have complex needs, limited verbal communication and behaviour described as challenging.

The report reveals several criticisms from parents including:

- Parents being asked to stay away when their child or young person started in a new setting
- Parents not being kept informed, for example about changes in medication or hospital visits.
- Staff applying blanket policies meaning helpful visual technologies such as Skype could not be taken advantage of. Some placements decided to respond to family criticism by limiting visits and communication with parents.

These parents were distraught at being shut out as they saw their young person’s health and behaviour deteriorate.

(Continued on Page 6)
One father commented:

“It’s always in the back of your mind when you complain…They’ve got your daughter there and you’re not there. If you are starting not to trust them, it’s a very slippery slope.”

A family carer who was involved in the report said:

“When staff, for whatever reason, do not promote the importance of family and home contact, alarm bells should ring. We have experienced being placed very firmly, not just on the sidelines, but virtually out of the picture altogether. When that happens, we must ask ourselves “What is the problem? What are they trying to hide?”

“Our daughter’s current support workers fully understand the importance of her keeping in touch with home, and they work to maintain that contact, calling or texting us regularly, even if just to offer reassurance. On occasions, they even come in on their days off, if they know we will be there.

“It can be no coincidence that she is so much happier, and more settled than she has been for a long time.”

However, it is possible to plan, arrange and deliver good communication between children and their families and some services have achieved this with good outcomes for all.

Commissioners and providers should use this resource so that effective support for keeping families in touch becomes normal practice rather than the exception.

The full report covers:

- **Learning from families.** Families’ vision of the support and attitudes needed to help them keep in touch and a summary of their experiences

- **Learning from local practice.** Case studies from settings which show much commitment to helping their young people to keep in touch with home and keeping families well informed and involved. ‘Good practice’ checklists.

- **The legal framework.** An overview of legal rights and duties around keeping in touch with family and involvement in decision-making, covering human rights, education, social care and mental health legislation and guidance.

The report can be downloaded here:
www.pavingtheway.works/whats-new/keeping-touch-home

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**STAR BLOGGER PERFORMS**

ONE MAN SHOW FOR AUKIDS

WEDNESDAY 16TH NOVEMBER 2016 7PM

Priestnall School joins AuKids magazine in welcoming stand up comedian John Williams to the stage for an event not to be missed. John’s son is autistic. He isn’t a genius. His only special power is making his dad laugh. A lot.

Included in this 1 hour 15 minute show will be an interval, a tombola with autism-themed prizes and a chance to buy John’s new book. Meet the AuKids editors and bring friends and family for a great evening’s entertainment.

Tickets on sale for stand up comedian and blogger John Williams can be purchased from AuKids website.

http://www.aukids.co.uk/cgi-bin/scribe?showinfo=pp041
The All Party Parliamentary Group on Autism has launched a survey asking for your autism priorities.

The All Party Parliamentary Group on Autism is a group of MPs and members of the House of Lords who are interested in campaigning to improve the lives of people with autism and their families. It holds regular meetings in Parliament, leads debates and also briefs Government ministers. More information on the group can be found at www.appga.org.uk

Please follow the link to complete the survey:
www.surveymonkey.co.uk/r/APPGA2016

Following a seven-month inquiry, and a consultation of over 900 people, the Westminster Commission on Autism launched its inquiry report and calls for improved access to healthcare for all autistic people.

The report identified a number of impediments to access including inadequate training of health professionals and poor understanding of autism and the problems that autistic people face in their daily lives. The report recommends an annual health check for autistic people, better leadership on autism within NHS England and improved resources for research and support.

To view and download the report visit:
www.westminsterautismcommission.wordpress.com/
A brand new range of Christmas cards is now available to buy! Whether you are tempted by the festive teddy or the Christmas convertible, there is bound to be a festive design for you. And don’t forget our fabulous competition-winning entries from autistic artists Leo and Ruth (Ruth designed the brilliant ‘Penguins’ card)!

www.autism.org.uk/shop/christmascards.aspx

One of the largest, FREE UK exhibitions dedicated to children and young adults with disabilities and additional needs, their families, carers and the professionals who work with them.

80-150 exhibitors offering advice and information on funding, mobility, seating, beds, communication, access, education, toys, transport, style, sensory, sports and leisure and more...

Running alongside the event are FREE CPD and topical seminars for parents and professionals. Topics include: Moving & Handling, Sleep Issues, Continence Issues, Finance & Budgets, Parental Experiences, Transition, Legal Advice, Managing Behaviours that Challenge and more!
The NAS education report published in September 2016 found that far too many parents and carers of autistic children in England face long and exhausting battles to get the education and support their children need.

School Report 2016 is based on surveys of around 1,000 parents, carers and children and young people on the autism spectrum. Two years on from the introduction of a new Special Educational Needs and Disability (SEND) system in England, the NAS wanted to find out whether the new system is meeting their needs.

When the new system was introduced, the Government promised that it would be easier for children with special educational needs such as autism to get support, that services would work together better, and that there would be less conflict.

But the NAS survey found that:

- 74% of parents have not found it easy to get the educational support their child needs
- 69% of parents said that their child had waited more than a year for support after concerns were first raised – and 16 per cent had waited more than three years
- While 50% of parents say they’re satisfied with their child’s SEND provision, just 33% are satisfied with health care and 30% with social care
- 17% of parents say they appealed to the SEND Tribunal against their local authority’s decisions on their child’s education

Mark Lever, Chief Executive of the National Autistic Society, said:

“Parents should not be facing long, stressful and exhausting battles, just to get the right education for their children. This is putting an unnecessary strain on often already vulnerable families and risking the long-term prospects of the 1 in 100 autistic children in England, who have so much to contribute to our society.

“The Government tried to fix the education system for children with special educational needs by introducing welcome reforms two years ago, and then announcing more funding to help in February this year. But many of the same problems remain. Too many parents are having to take legal action to get basic support for their children and education, health and care services still aren’t working together as the Government says they should.

“With the right education and support, children on the autism spectrum can achieve great things and their families can live full and happy lives. Without it, families are left to struggle alone and children can miss out on years of education, putting them and our society at a huge disadvantage.

The Government must take responsibility for its reforms and review how local councils are using the extra funding and what difference the reforms are making. The Government must then act, whether that’s increasing resources to complete the reforms by the 2018 deadline or delaying implementation until local authorities can fulfil their legal responsibilities properly. The most important thing is to make sure that the speed of the reforms don’t compromise the support children need.”

To download the School Report 2016 and to find out how the NAS and Ambitious About Autism are working together to ensure that every child with autism gets the right educational support please visit the NAS website

I mentioned in our last newsletter, that Greater Manchester has put itself forward as a fast track area for Transforming Care: a programme to bring people out of secure hospitals and back into community based settings; a commitment to reducing the numbers of people requiring such accommodation, and a reduction in the length of time people with learning disabilities and autism stay in such units when they are needed.

There are many workstreams looking at different aspects of the Transforming Care agenda, and a Confirm and Challenge group of self-advocates and family carers has been established to consult and contribute to related decision-making and plans.

Anyone interested in attending, or feeding into, these meetings can contact Debbie Waters or Mari Saeki at:

Greater Manchester Autism Consortium Project.  
Tel: 0161 998 4667  
Email  
debbie.waters@nas.org.uk  
mari.saeki@nas.org.uk

A presentation on Transforming Care can be viewed on our website..

www.autismgm.org.uk

Health and social care commissioners have asked us to consult with individuals and family members regarding the following questions and your response would be very helpful.

Q1. What makes it hard for your son or daughter, and family, to be included in your local community, enjoying a full life?  
This can include things that have made it hard in the past, or things that you imagine could be barriers in the future.

Q2. What makes life better for your son or daughter and family? What helps your son or daughter enjoy a full life?  
This can include things that have helped in the past, and support you think will be needed in the future.

You can reply anonymously to these questions via a Google form using the following link:

https://goo.gl/forms/wxE7XZRXrAFK7IsG3

Thank you.

Debbie Waters, GMAC Project Officer
Care and Treatment Reviews are for children, young people and adults with learning disabilities and/or autism who are in learning disability and mental health hospitals, and for people at risk of going into one. The Care and Treatment Policy came out in October 2015. It is part of NHS England’s work on Transforming Care for people with learning disabilities and/or autism and their families.

As part of our work supporting GM commissioners to ensure that the needs of people with autism are reflected in their Transforming Care related plans, I attended an event about Children’s Care and Treatment Reviews at the end of September.

Care and Treatment reviews (CTRs) are multi agency meetings that are led by local commissioners, include all involved professionals, the family, and an expert by experience (either a person with learning disabilities or autism, or a family carer). A care and treatment review is called whenever someone is accommodated in a secure hospital setting, and should be called whenever someone seems to be at serious risk of needing such accommodation. Reviews need to be held at least six monthly until someone is discharged back into local services.

Shortly following the introduction of CTRs, it became clear that there were particular challenges in relation to CTRs for children under the age of 18yrs. With children and young people it is particularly important that we work together to identify those at risk of needing secure hospital type settings in the future, and that we all know how to intervene collaboratively, quickly and intensively to explore what support is needed for that child, family, community and local services to meet their needs in a less restrictive way, nearer their friends and family.

Challenges so far have included how CTRs need to, and how they might, link with other reviews such as Education, Health and Care Plan reviews or Team around the Child meetings. Providers and services need to work better with young people and families to ensure their meaningful involvement in the process. For children, six months is too long a wait between reviews, and there must be a focus on quality of care as well as discharge plans. Also, there is a need to look at the paperwork in regard to those who have autism and particularly those who do not have additional learning disabilities. This last point is relevant to the whole Transforming Care agenda.

There has been a consultation about Children’s CTRs and the findings are due to be published in January 2017. We will let you know when they come out. In the meantime, local commissioners will be establishing some form of register or list to enable focused case management for those young people and families requiring the most support to stay within their local communities.

Debbie Waters GMAC Project Officer
Only 16% of autistic adults are in full-time paid employment, and in almost a decade the situation hasn’t improved. It’s time for action. That’s why the NAS is launching a new phase of their Too Much Information campaign, to ensure autistic people get the jobs they deserve.

Here is some more information about the campaign:

While full-time work won’t be right for everyone on the spectrum, four in 10 of those working part-time would like to work more hours. Others feel they are not using all of their skills and employers don’t see their abilities. They see their autism. They see a problem. Meanwhile, employers have told us that they are worried about getting things wrong for autistic employees and that they don’t know where to go for advice. Autistic people are overloaded by too much information at work, and employers don’t have enough.

The Government has committed to halving the disability employment gap. But without more understanding from both employers and the Government, autistic adults will continue to be left behind, their abilities overlooked.

We need the Government to take decisive action to double the number of autistic people in work. We need employers who understand autism, the person, and what to do.

How much rejection could you stand? See a job interview through an autistic adult’s eyes and find out #AutismTMI

www.autism.org.uk/TMI

What can I do?

Go to www.autism.org.uk/TMI to see a job interview through an autistic adult’s eyes
Go to http://bit.ly/autism-employment-gap to sign The National Autistic Society’s petition asking the Government to double the number of autistic people in work


UNIQUELY HUMAN: A DIFFERENT WAY OF SEEING AUTISM
Dr Barry M Brizant with Tom Fields-Meyer

We’ve read such good reviews of this book we wanted to share it amongst our AutismGM readers.

With a wealth of inspiring stories and practical advice Uniquely Human conveys a deep respect for the qualities in people with autism that make them special. Offering a compassionate and insightful perspective, this ground-breaking perspective that could be life-changing and uplifting. This is essential reading for any parent, teacher or therapist of a person with autism. An internationally acclaimed expert who views autism not as a disability but as a unique way of being human.

“An amazing book! It will change our perception and understanding of autism.”
Dr Tony Attwood, author of The Complete Guide to Asperger’s Syndrome

“Stop what you are doing. Read this book. It’s a masterpiece.”
Carol Gray, Developer of Social Stories, International Consultant to Individuals with Autism
Parent Carer Forums are groups of parents and carers of disabled children who work with local authorities, education, health and other providers to make sure the services they plan and deliver meet the needs of disabled children aged between 0-25yrs and families.

**BOLTON**
Bolton Parent Carer Consortium  
Tel: 07909 187121  
Email: boltonparentcarerconsortium@yahoo.co.uk

**BURY**
Bury Parents Forum  
Tel: 0161 641 4585  
Email: admin@buryparentsforum.org.uk  
www.buryparentsforum.org.uk

**MANCHESTER**
PACT (Parents Achieving Change Together)  
Tel: 0161 209 8356  
Email: pactmanchester@outlook.com

**OLDHAM**
Parents in Oldham In Touch (POINT)  
Tel: 0161 667 2054  
Email: pointoldham@hotmail.co.uk  
www.pointoldham.co.uk/

**ROCHDALE**
Tel: 07901 854 741  
Email: parentforum@hotmail.com

**SALFORD**
Salford Family Forum  
Tel: 07772060776  
Email: info@salfordfamilyforum.org  
www.salfordfamilyforum.org

**STOCKPORT**
Parents In Partnership (PIPS)  
07786 101 072  
Email: info@pipstockport.org  
www.pipstockport.org/index.html

**TAMESIDE**
Our Kids Eyes (OKE)  
Tel: 0161 371 2060  
Email: ourkidseyes@ntlworld.com  
www.ourkidseyes.org/contact-

**TRAFFORD**
Trafford Parents Forum  
Tel: 0161 872 0183  
Email: traffordparentsforum@gmail.com  
www.trafforddirectory.co.uk

**WIGAN**
Wigan Parent Carers Forum  
Tel: 01942 233323  
Email: parentparticipation@embracewiganandleigh.org.uk  
http://www.wigan.gov.uk
ASD PARENT SUPPORT GROUPS

BOLTON
Breaking Barriers
Tel: 07717434840
Contact: Steph Sherratt
Email: breakbarriers3@gmail.com

Bolton Adult Asperger Support Group
Contact: Graham Heywood
Tel: 07772547158
Email: g.heywood68@gmail.com

BURY
Bury Autism/Asperger syndrome Support Group
Contact: Chris Parkinson
Tel: 0161 763 4867
Email: burycarers@yahoo.co.uk

Bury Autism Parent Society
Contact: Joanne & Tony Moran
Tel: 0161 761 0132
www.bapsonline.wordpress.com

MANCHESTER
Chinese Carers of Autistic Children Group
Contact: Helen Chow
Tel: 0161 228 0138

Grange School Parents Group
Contact: Laura Rhodes
Tel: 0161 231 2590
Email: admin@grange.manchester.sch.uk

Lifted
Contact: Emma Gerrard
Tel: 0161 498 0312
Email: emma.caring@gmaddventures.org.uk

OLDHAM
OSCA
Contact: Maria Aspin
Tel: 07955719167
Email: dianeOSCA.123@outlook.com
www.oscasupport.com

ROCHDALE
Littleborough Autism, Asperger Syndrome and ADHD Support Triangle (L.A.A.A.S.T.)
Contact: Liesl Beckles
Tel: 07980 983872
(Phone contact only)

You Are Not Alone (YANA)
Monthly support group for the children.
Tel: 01616553827

Homestart Parent Support Group
& Sam’s SIBS Sibling Group
Tel: 01706 629651 and 01706 436143
Email: sam.homestartrochdale@yahoo.co.uk
www.homestartrochdale.org.uk

The Recovery Republic Well-being Centre/ Autism and Asperger’s Parent’s Group
Contact: Carina Jackson
Tel: 01706 622722 OR 07771523775
carina.jackson@icloud.com
info@recoveryrepublic.co.uk
www.recoveryrepublic.co.uk

SALFORD
Salford Action for Autism (SAFA)
Contact: Kay
Tel: 07858 495266
Www.salford-action-for-autism.com

Autism & Friends
Contact: Sandra Moore
Tel: 07544 649696

Sensory Stay & Play
Tel: 0161 776 0051
Email: belvedere.childrenscentre@salford.gov.uk

STOCKPORT
Stockport Autism Team Parent Support Group
Contact: Cheryl Knupfer
Tel: 0161 474 2553
Email: cheryl.knupfer@stockport.gov.uk

Stockport Carers for Adults on the Autistic Spectrum
Contact: Rayonette Jude
Tel: 0161 439 0627
Email: stockportCAAS@gmail.com

TAMESIDE
TASCA
Contact: Valerie & Neil Bayley
Tel: 077548 73480 (Mon-Fri 9am—3.30pm only)
Email: tasca4u@ntlworld.com
www.tasca.org.uk

Tameside Asperger syndrome Support Group
Contact: Julie Scrymgeour
Tel: 0161 716 3600
Email: Julie.scrymgeour@nhs.net

Autism Support for Parents & Carers
Contact: Gerard Ratchford
Tel: 0161 304 5364
Email: gerard.ratchford@nhs.net

TRAFFORD
Autism Trafford
Tel: 07510 291 763
www.autismtrafford.co.uk

High-Functioning Trafford
Contact: Jayne Dillon
Tel: 07757 592 474
Email: htf Trafford@outlook.com

ADHD/ASD Family Support Group
Contact: Jess
Tel: 07969 459 523

WIGAN
Love Autism Support Group
Email: loveautismnw@hotmail.com
No telephone contact.

Jigsaw Autism Support
Contact: Liz Dixon
Tel: 01942 674 548
Email: jigsaw.autism@hotmail.com

THE AUTISTIC SOCIETY GREATER MANCHESTER AREA (ASGMA)

A group for parents of children and adults with
Asperger’s syndrome. Also offer a monthly Family Group session on Saturday mornings.
For further information regarding dates and times please contact the ASGMA Information Officer
Tel: 0161 866 8483 OR Email: information@asgma.org.uk