Lisburne's Enrichment Booklet

- Take this booklet out on visits and life skills
- This will support Lisburne's enrichment programme developing our children's extra curricular activities.
- Lisburne children are encouraged to explore a wide range of experiences and

Sensory Booklet ment portunities form the central

activities — these enrich-

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Contact us:

Lisburne School

Half Moon Lane

Offerton

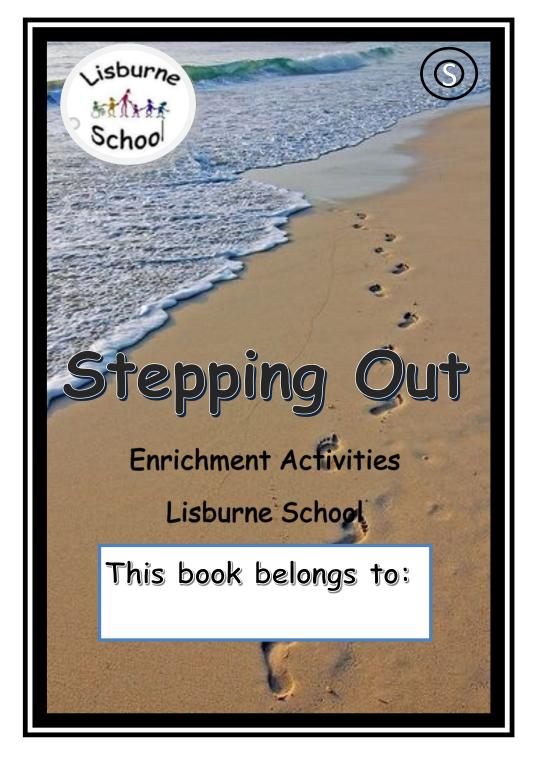
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www.lisburneschool.stockport.sch.uk







core

My own special moments

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"Through exploration we learn and grow"



My "Stepping Out" Book

The idea is for all our children to try as many new and different experiences in order to enrich and extend their learning opportunities.

Our aim is for all children at Lisburne to complete the booklet by the time they move on to secondary school.

We want each child to explore their world so that their learning flows through our parallel curriculum and ensures they become aware that their education has no boundaries.

Stepping Out

How many enrichment opportunities and activities have you completed?



Contents

- Outdoors
- Keeping Active
- Adventure
- Community
- Sensory













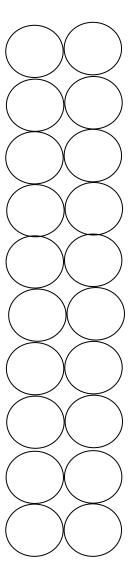
Outdoors



Sleepover



- Go wild in a field
- Eat food from a camp fire
- Explore a tree
- Splash in puddles
- Make some "wild art"
- Get all muddy
- Lie back and cloud watch
- · Explore a bug hotel



- Sleep somewhere different
- Carry my own bag
- Help get ready for bed
- Read a "great book" in bed
- Sleep in my own bed
- Watch the sunset/ sunrise
- Have a picnic
- Help prepare a shared meal
- Make noise with pots/ pans

Sensory



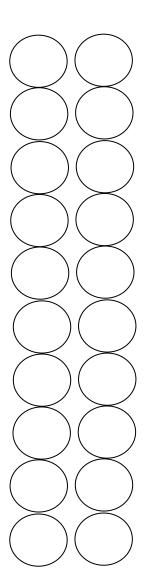
Keeping Active



- Explore a dark space
- Discover different textures
- Enjoy fun with foam
- Have a water fight
- Burst a bubble
- Travel through your senses
- Taste new foods/ drinks
- Discover different objects



- Experience yoga
- Compete as a team
- Explore on wheels
- Learn a new sport
- Reach new heights
- Fly a kite
- Relax! Lay back in a pool
- Create a "big splash"
- . Dance like no-ones



watch-

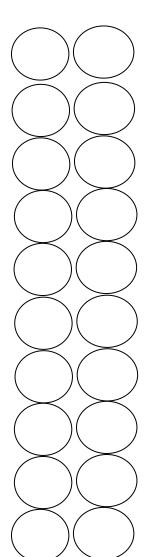
Adventure



Community



- Explore the woods
- Find what's in the water
- Go on a treasure hunt
- Play "Pooh-sticks"
- Build a den
- Roll in the grass
- Follow an adventure trail
- Explore somewhere new
- Wiggle your toes in sand



- Feed a different animal
- Party in a café
- · Share a book with a friend
- Go dizzy on a roundabout
- Meet people who help us
- Visit an elderly friend
- Experience a live show
- Be creative at a gallery